

MEDICAL PRESCRIPTION & POSOLOGY

The medical prescription must be given to the patient before the intervention.

This document is an example of a medical prescription made by our expert, Dr. Jean-Paul Fouriertèze, to his patients as part of the procedure using Infinite-Thread®. This medical prescription is given for informational purposes only by the Thread & Lift laboratory to its clients, previously trained and certified practitioners. It should not be provided as is to the patient. The practitioner is solely responsible for the choice of the prescription made to his patient following the compulsory preoperative consultation(s), the applicable contraindications and the legislation in force.

Prescription:

1. Antiseptic shampoo (ex: SEPTIVON): 1 vial

2. **Izalgi 500 mg**: 1 box

3. Paracetamol 500 mg (ex: DOLIPRANE): 1 box

4. **Ketoprofen 100 mg** (AINS ex : BIPROFENID): 1 box

5. **Prazepam 10 mg** (ex : LYSANXIA): 1 box

6. **Esomeprazole 20 mg** (ex : INEXIUM): 1 box

7. **Nefopam 20 mg** (ex: ACUPAN): 1 box

Posology:

- The day of the procedure (before)
- **Antiseptic shampoo** (ex: SEPTIVON): Patient must wash her/his hair the morning
- The day of the procedure (after)
- **Izalgi 500 mg**: 1 tablet every 5 hours (4 tablets max per day)
- **Paracetamol 500 mg** (ex: DOLIPRANE): 1 tablet every 5 hours (4 tablets max per day) at the same time than Izalgi
- **Ketoprofen 100 mg** (AINS ex: BIPROFENID): 1 tablet the first evening
- **Prazepam 10 mg** (ex: LYSANXIA): 1 tablet the first evening before sleeping
- **Esomeprazole 20 mg** (ex: INEXIUM): 1 tablet the evening **IF** the patient suffers from stomach pain.
- **Nefopam 20 mg** (ex: ACUPAN): 1 phial on a sugar every 6 hours **IF** the pain is severe



➤ The 1st day after the procedure

- **Izalgi 500 mg**: 1 tablet every 5 hours (4 tablets max per day).
- **Paracetamol 500 mg** (ex: DOLIPRANE): 1 tablet every 5 hours (4 tablets max per day) at the same time than Izalgi.
- **Ketoprofen 100 mg** (NSAID ex: BIPROFENID): 1 tablet in the morning and 1 tablet in the evening.
- **Esomeprazole 20 mg** (ex: INEXIUM): 1 tablet the evening **IF** the patient suffers from stomach pain.
- **Nefopam 20 mg** (ex: ACUPAN): 1 phial on a sugar every 6 hours **IF** the pain is severe.

➤ The 2nd day after the procedure

- **Izalgi 500 mg**: 1 tablet every 5 hours (4 tablets max per day).
- **Paracetamol 500 mg** (ex: DOLIPRANE): 1 tablet every 5 hours (4 tablets max per day) at the same time than Izalgi.
- **Ketoprofen 100 mg** (NSAID ex: BIPROFENID): 1 tablet in the morning and 1 tablet in the evening.
- **Esomeprazole 20 mg** (ex: INEXIUM): 1 tablet the evening **IF** the patient suffers from stomach pain.
- **Nefopam 20 mg** (ex: ACUPAN): 1 phial on a sugar every 6 hours **IF** the pain is severe.

➤ The following days ONLY IF PAIN

- **Izalgi 500 mg**: 1 tablet every 5 hours (4 tablets max per day).
- **Paracetamol 500 mg** (ex: DOLIPRANE): 1 tablet every 5 hours (4 tablets max per day) at the same time than Izalgi.
- **Ketoprofen 100 mg** (NSAID ex: BIPROFENID): 1 tablet in the morning and 1 tablet in the evening.
- **Esomeprazole 20 mg** (ex: INEXIUM): 1 tablet the evening **IF** the patient suffers from stomach pain.
- **Nefopam 20 mg** (ex: ACUPAN): 1 phial on a sugar every 6 hours **IF** the pain is severe