

Thread & Lift

INFORMATIONS TO THE PATIENTS

Before the procedure

2 WEEKS BEFORE:

- Do not take aspirin (unless medically advised otherwise)
- Do not take Omega 3 as food supplements

48 HOURS BEFORE:

- If necessary, do your hair colouring no later than 2 days before the procedure

24 HOURS BEFORE:

- Put the ice packs in the freezer if you cannot come with them (in case of airplane in particular)
- Do not take anti-inflammatories
- Sleep well the night before

THE DAY OF THE PROCEDURE:

- Wash your hair with antiseptic shampoo the morning of the procedure
- Come with your ice packs
- Eat a breakfast