

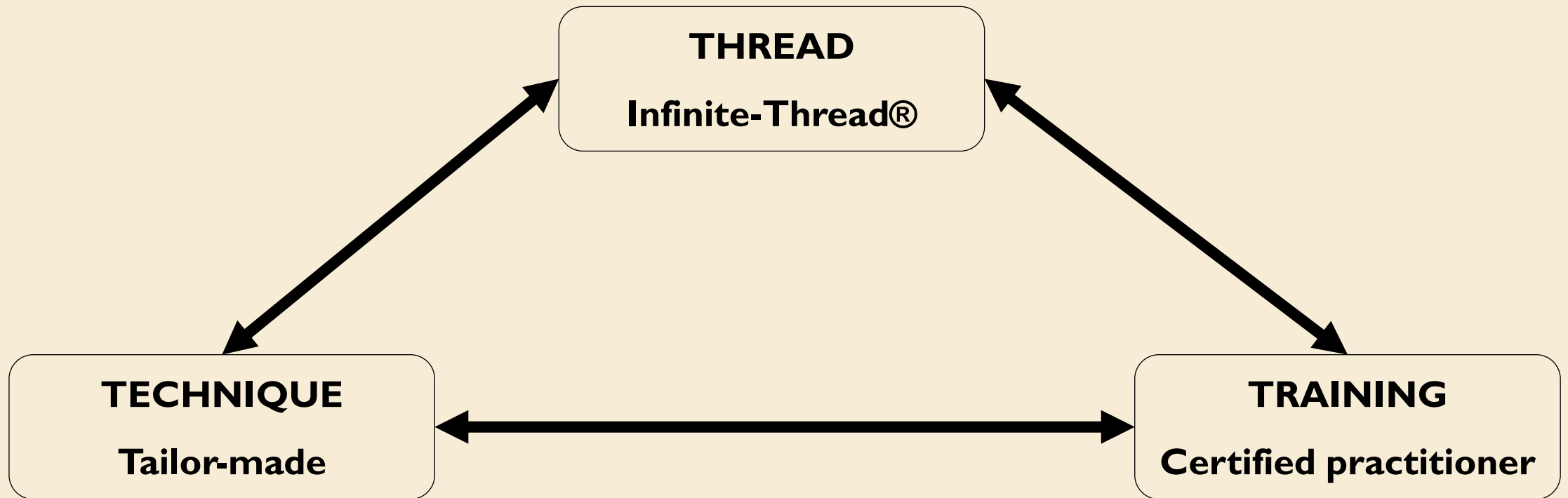
*Thread & Lift*

The facelift with suspension threads

**TRAINING FOLLOW-UP  
INFINITE-THREAD®**

**ONLY FOR CERTIFIED PRACTITIONERS**

**PRELIMINARY BASIS: A MANDATORY  
COMBINATION**



## TREATED AREAS TO DATE



# THE PURPOSE OF INFINITE-THREAD®

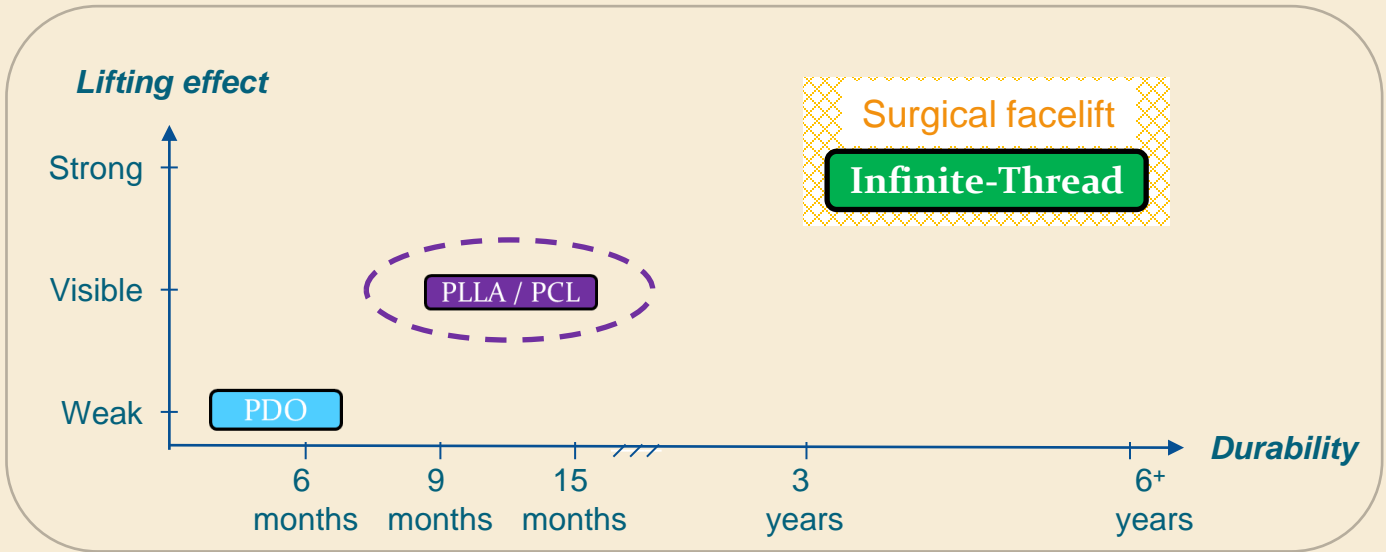


*Thread & Lift*

The 1st real facelift with suspension threads

**FOCUS ON  
INFINITE-THREAD®**

# INFINITE-THREAD®: SOMETHING DIFFERENT



### Absorbable suspension threads

**PDO** PolyDiOxanone

**PLLA / PCL** Poly-L-Lactic Acid  
PolyCaproLactone

### Permanent suspension threads

**Infinite-Thread** Polyester + Silicone solid



**Infinite-Thread® is to be positioned in the performance area of the traditional surgical facelift**

## THE CHARACTERISTICS OF THE INFINITE-THREAD®



- Core in polyester
- Solid silicone coating
- Ø 1,4mm
- 30 cm

- Bidirectional cogs
- 4 cogs every 1,5mm
- 800 cogs
- Set with blunt needles



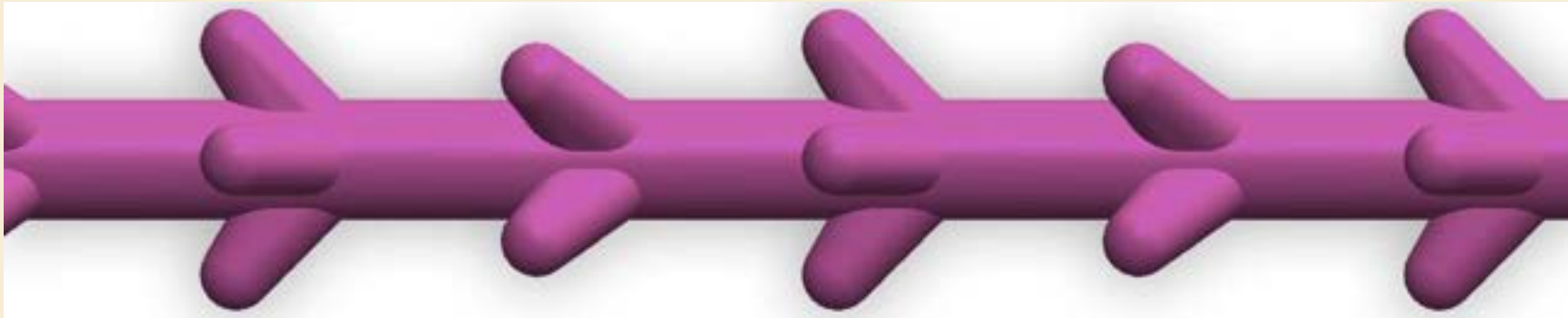
100% MADE IN FRANCE



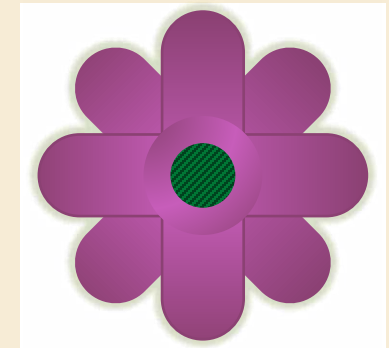
MARKED

**INFINITE-THREAD®:  
HIGH END TECHNOLOGY**

*View from the side*



*View from the face*



**EFFECTIVE...**

- **“8 axis” hooking: 45° rotation**
- **“Anti-turn over” cogs**

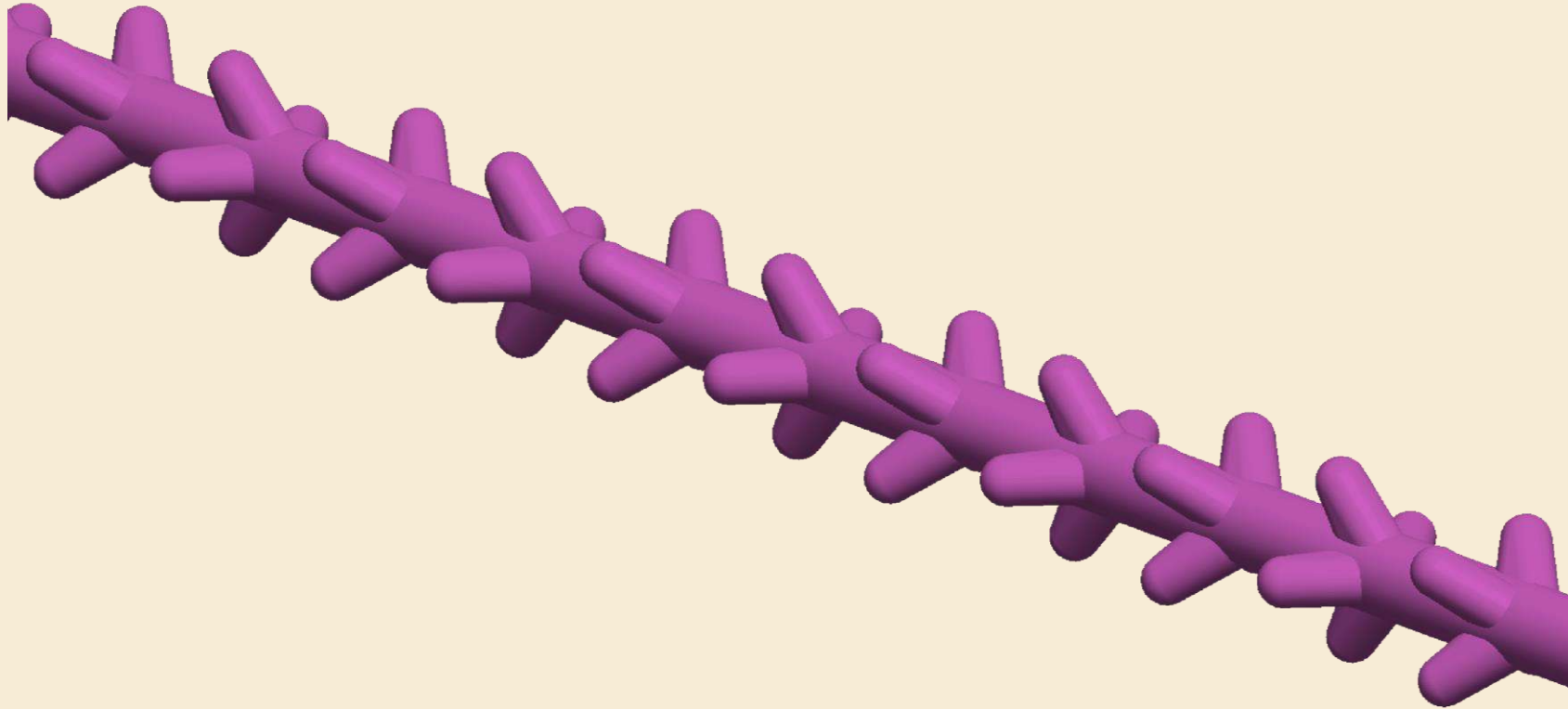
**AND GENTLE FOR THE PATIENT**

- **Flexible silicone**
- **Rounded tip**



*Thread & Lift*

INFINITE-THREAD®:  
HIGH END TECHNOLOGY



INFINITE-THREAD®:  
MADE OF GOLD STANDARD BIOMATERIALS

✓ REFERENCE BIOMATERIALS FOR + 50 YEARS

✓ PET SCAN / MRI / ANY FUTURE INTERVENTIONS OK

✓ MINIMAL FIBROSIS (histological study):

- 10µm (0,010 mm) – *Silicone*
- 15µm (0,015 mm) – *Polyester*
- *No creation of eosinophil cells*



	Infinite-Thread©	Competitor thread	Date
	Hooking (N)	Hooking (N)	
Sample 1	7,40	6,60	18/04/2017
Sample 2	7,12	11,72	
Sample 3	6,98	5,32	
Sample 4	9,08	4,08	19/04/2017
Sample 5	8,42	8,14	
Sample 6	6,52	7,86	
Sample 7	8,60	3,68	
Sample 8	8,88	4,60	
Sample 9	8,52	12,58	21/04/2017
Sample 10	8,32	7,58	24/04/2017
Sample 11	7,96	4,28	26/04/2017
Sample 12	6,64	9,16	
Sample 13	7,34	8,64	
Sample 14	8,30	7,88	
Sample 15	7,64	7,04	
Sample 16	8,32	5,60	
Sample 17	7,92	11,32	
Sample 18	8,00	4,52	
Sample 19	7,36	7,72	
Sample 20	7,56	6,30	
Number of samples	20	20	
Avg result (N)	<b>7,84</b>	<b>4,96</b>	



**Homogeneous hooking !**

**60% more hooking !**

## DURABILITY, 7 YEARS OF HINDSIGHT

**1<sup>st</sup> Infinite-Thread®  
used in 2017**

**Infinite-Thread®  
materials are not  
hydrolysed**



**Infinite-Thread®  
materials do not  
elongate**

**Tension distribution  
through the 800 cogs of  
the Infinite-Thread®**

# Thread & Lift

The 1st real facelift with suspension threads

**FOCUS ON THE TECHNIQUES  
- AREA: FACE -**



Core of the practical training

## SURGEONS AND PERMANENT THREADS: A DISRUPTIVE COMBINATION

### Addition of a new therapeutic tool !

Scalpel + fillers + liposuction cannula + **Permanent threads**

### A technique adapted to preferences !

#### Closed technique: « Medical »

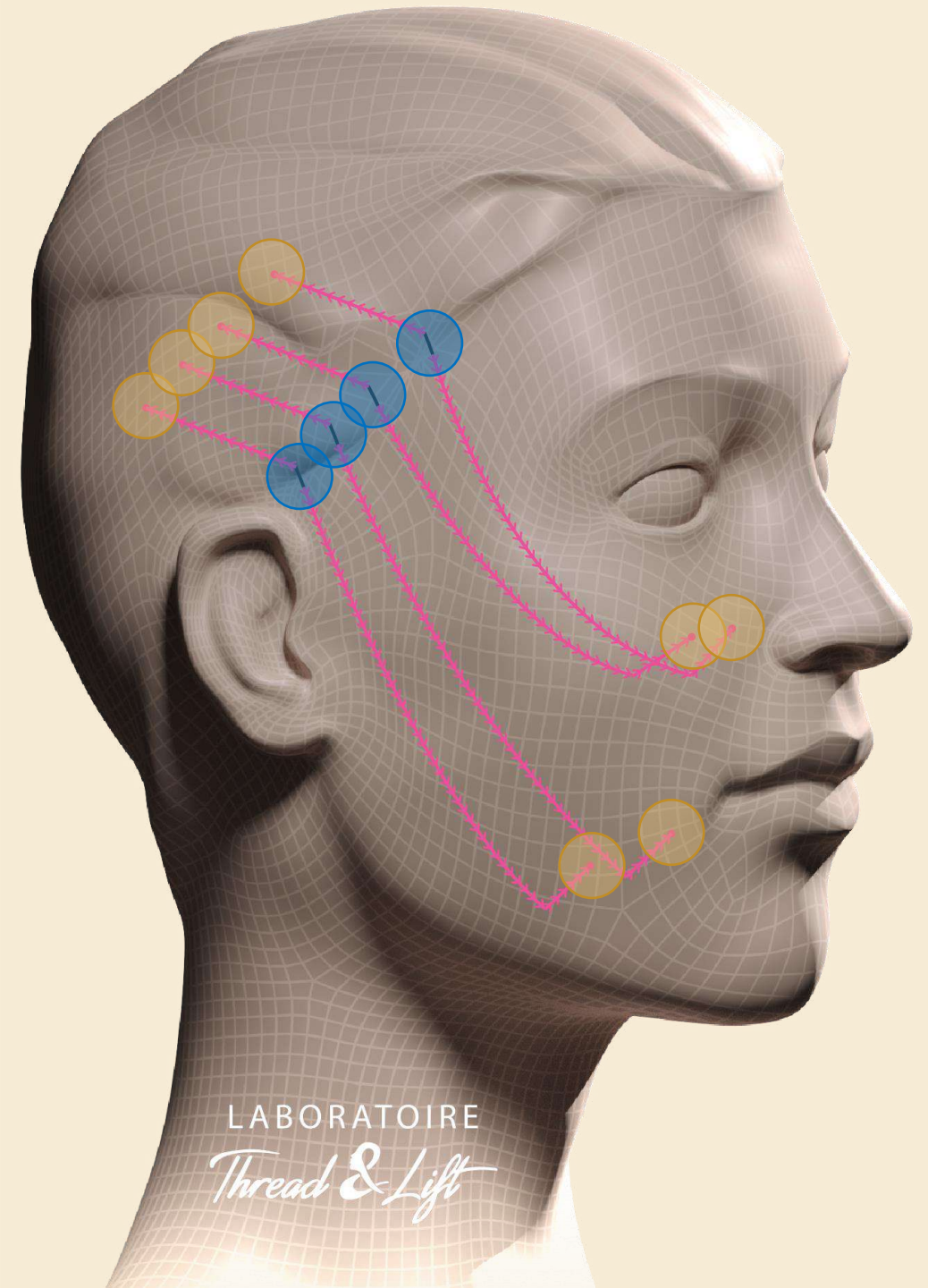
**Effective, scarless, mini-invasive** / Learning curve

MEDICAL TECHNIQUE MUST BE  
**EFFECTIVE, FAST AND LIGHT**

*The “Deep V” technique*

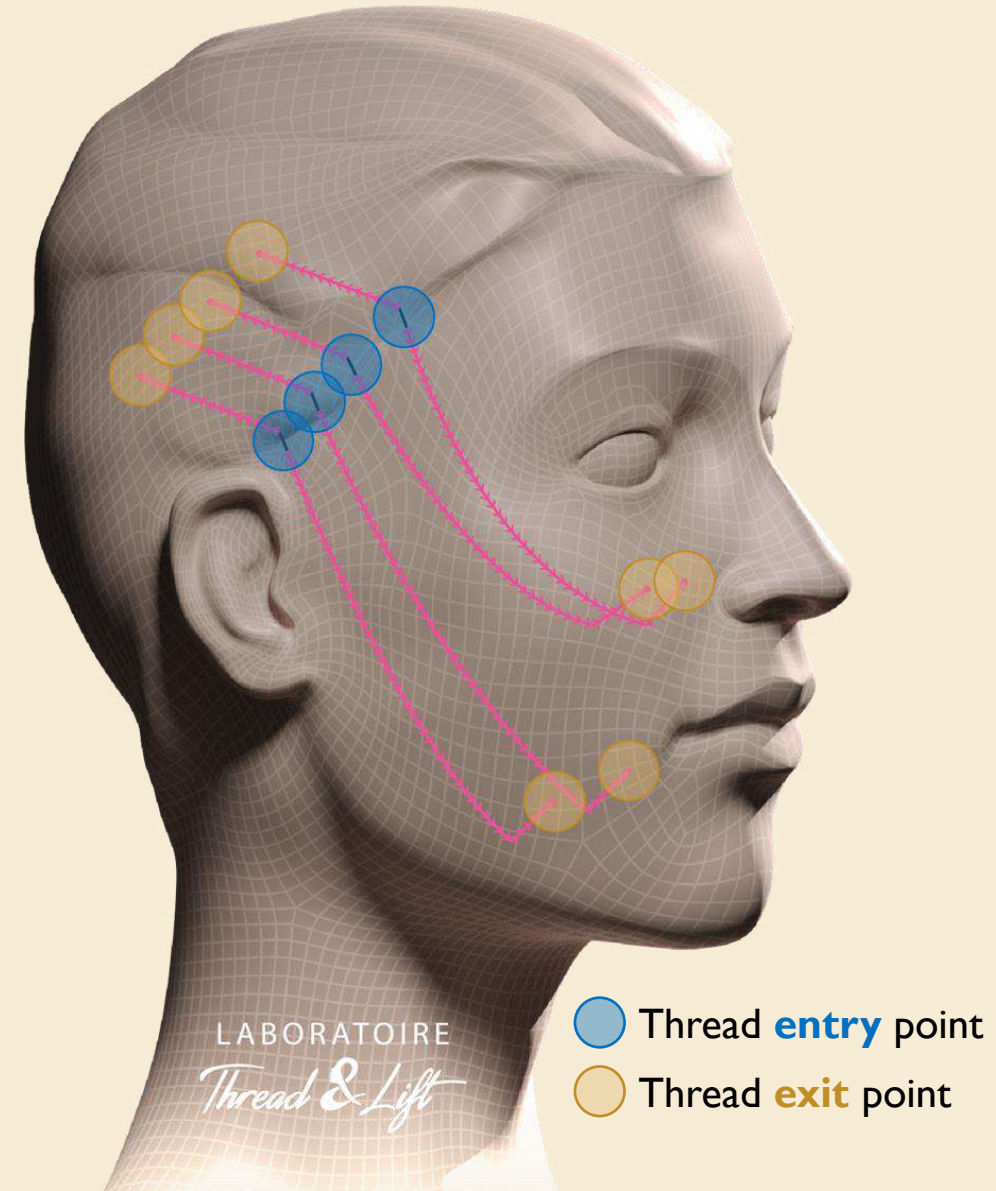
● Thread **entry** point

● Thread **exit** point



- KEY POINTS -

1. **V shape** - of the lower part of the paths to enhance thread performance.
2. **Entry points above the hair line** - for best support and impact on the upper third.
3. **Upper paths at ~45 degrees** – to lock the threads.
4. **Deep implantation** - into the SMAS beyond the lower edge of the zygoma allow to fully exploit the potential of the threads while avoiding the risk of forming gathers.





## SURGEONS AND PERMANENT THREADS: A DISRUPTIVE COMBINATION

### A new therapeutic tool !

Scalpel + fillers + liposuction cannula + **Permanent threads**

### A choice of technique !

#### Closed technique: « Medical »

Effective, scarless, mini-invasive / Learning curve

#### Open technique: « Surgical »

Fast and comfortable combination with surgical facelift enhancing the result

**SURGICAL TECHNIQUE IS  
EASY AND COMFORTABLE  
FOR SURGEONS**

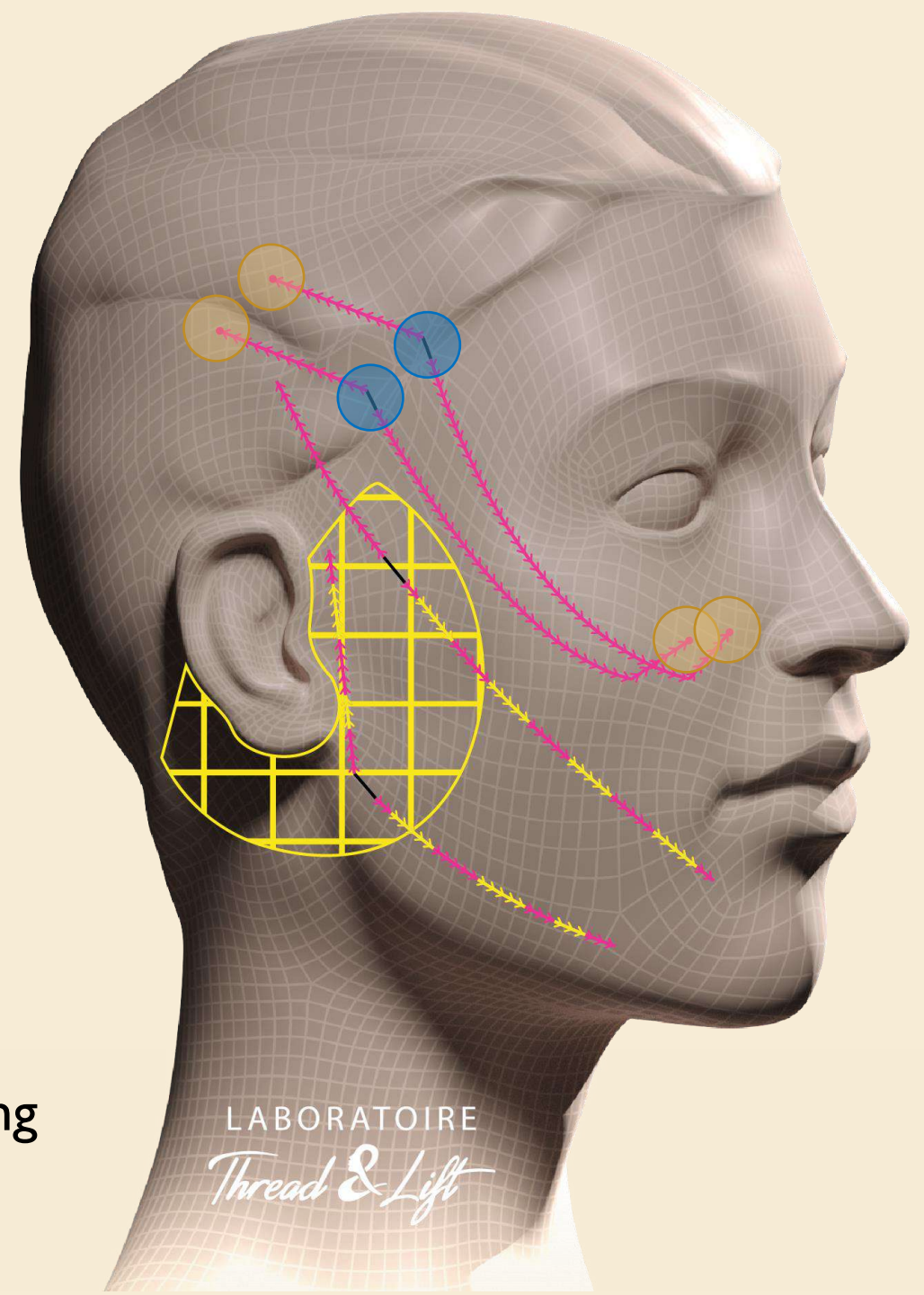
- Surgical undermining compatible
- SMAS / Platysma pearling

● Thread **entry** point

● Thread **exit** point

➡➡➡ SMAS / Platysma pearling

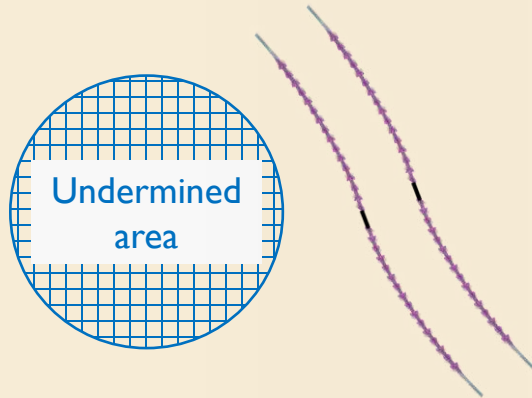
⊞ Undermining



## SURGEONS AND PERMANENT THREADS : A COMBINATION ADAPTED TO INDIVIDUAL PREFERENCES

1

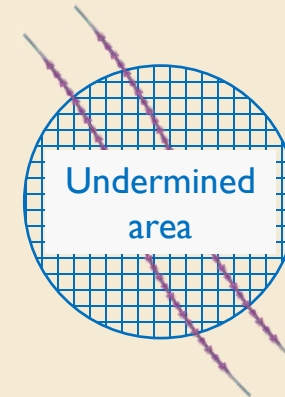
Threads *outside* of the undermined area



-> Additional thread allowing to limit the undermining (eg. *Malar area*) and/or to **become familiar with Infinite-Thread®**.

2

Threads *inside* the undermined area



-> Support thread intended to **improve the result of the facelift**

# *Thread & Lift*

The 1st real facelift with suspension threads

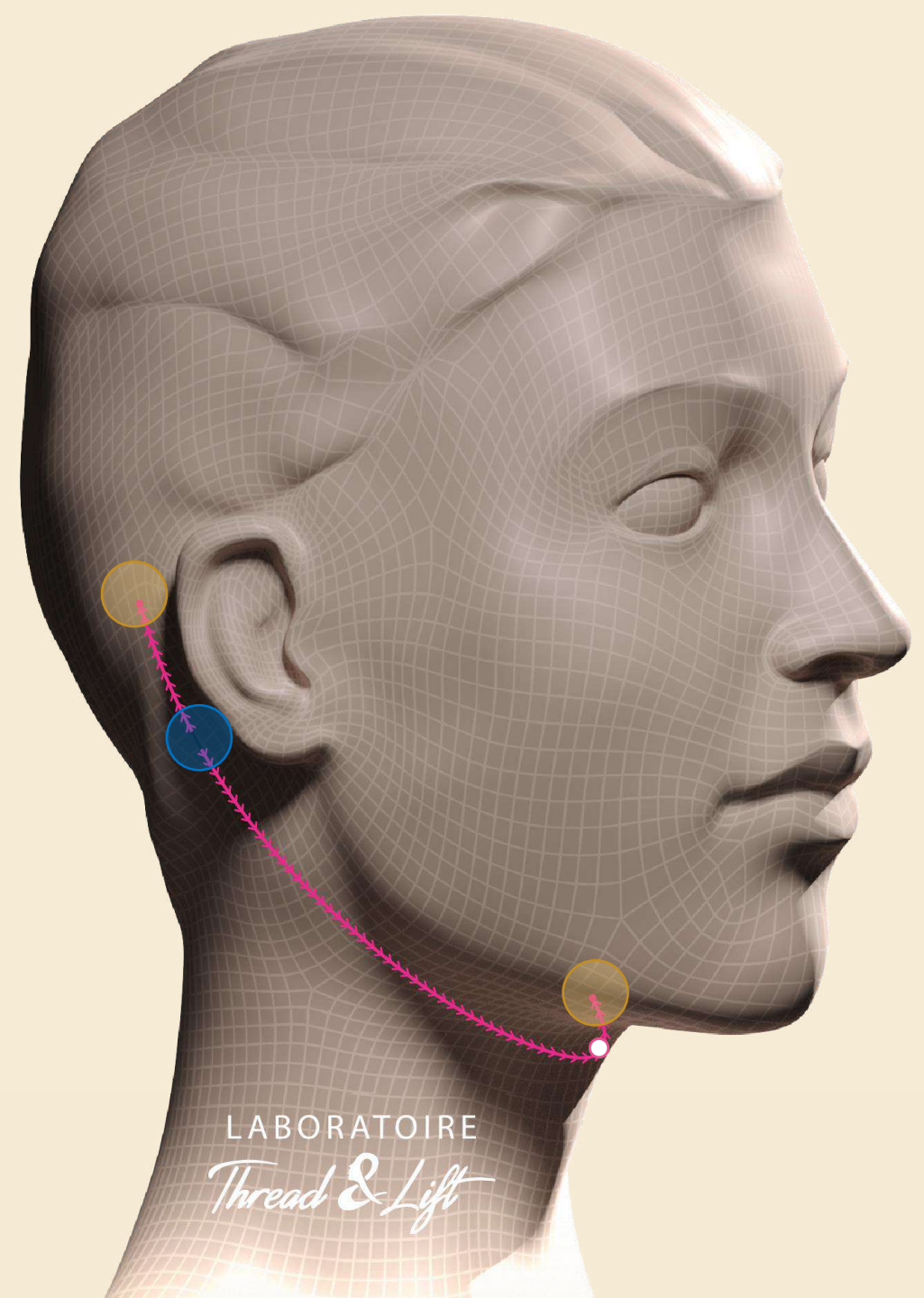
**FOCUS ON THE TECHNIQUES  
- AREA: NECK -**

## RESTORE THE CERVICOMENTAL ANGLE

### The “central crossing” technique (X)

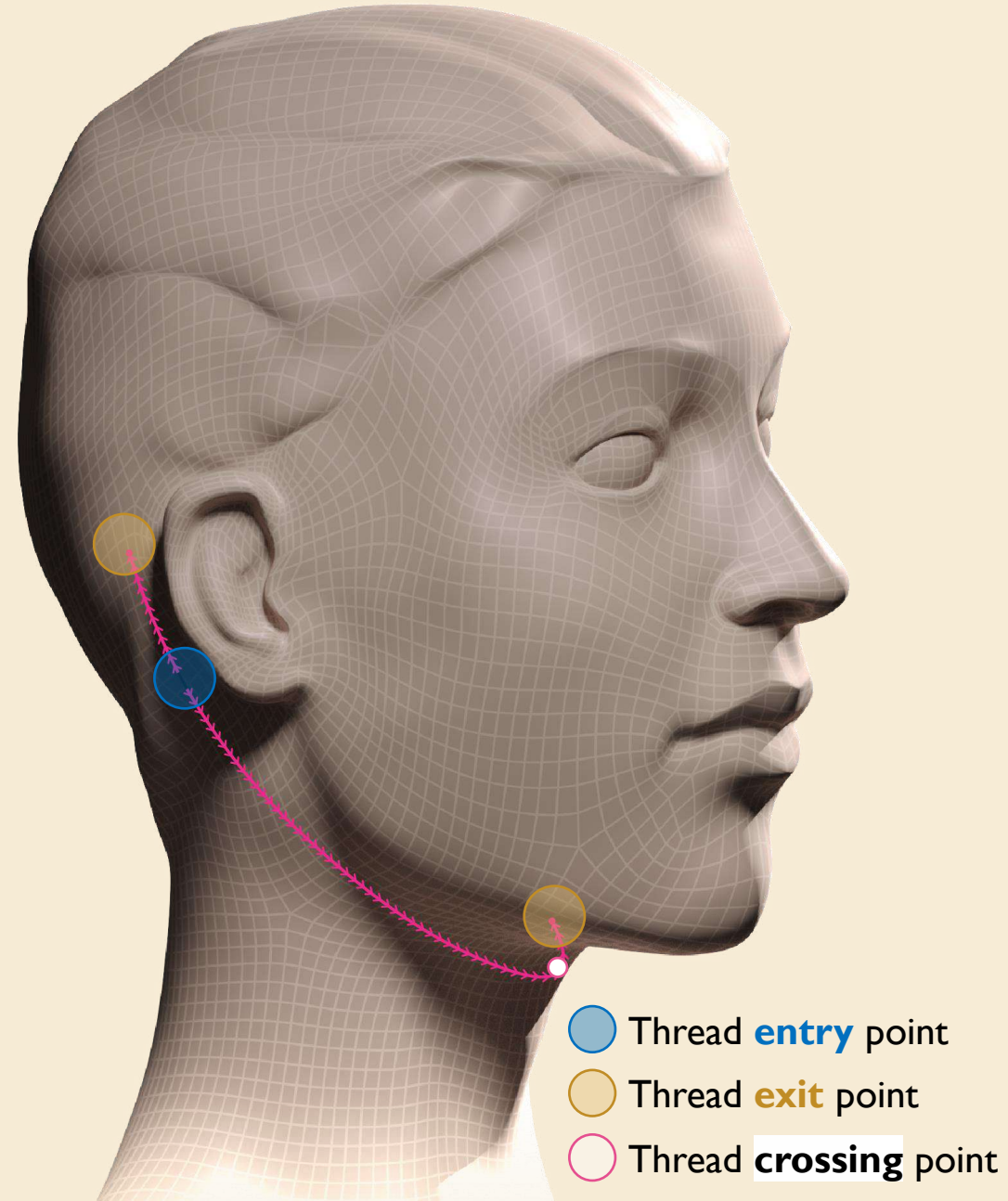
- Thread **entry** point
- Thread **exit** point
- Thread **crossing** point

NB: When treating the neck, always start the intervention by performing a lipolysis or a light liposuction.



- KEY POINTS -

1. **Simple crossing** - of the threads at the centre of the cervicomental angle.
2. **Tacking the skin backwards** - to restore the cervicomental angle.
3. **Slight tension** - to avoid a feeling of strangulation.
4. **Superficial implantation** - in the subcutaneous tissue.



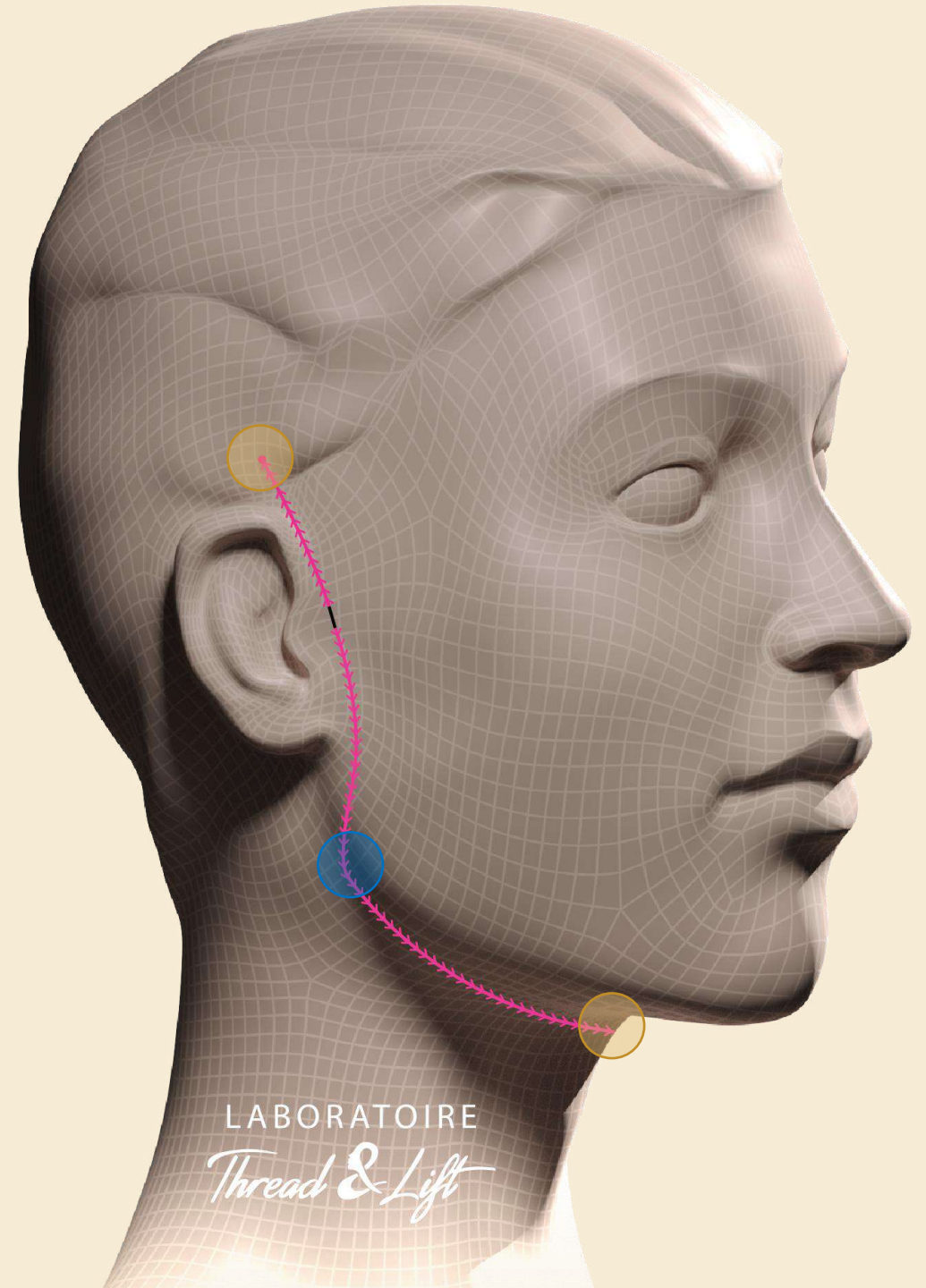
## REDEFINE THE MANDIBULAR ANGLE

### The “L-shape” technique (L)

● Thread **entry** point

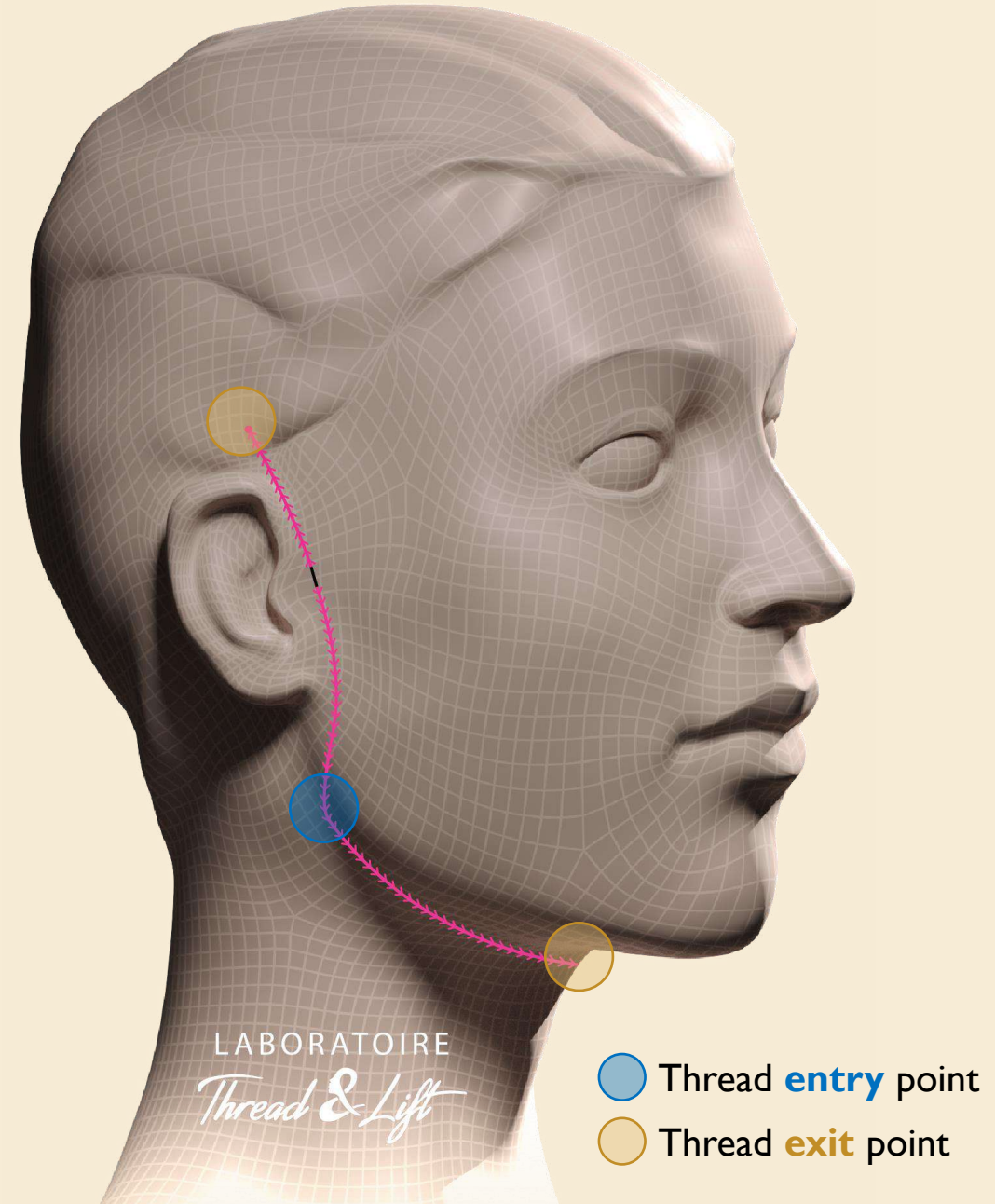
● Thread **exit** point

NB: When treating the neck, always start the intervention by performing a lipolysis or a light liposuction.



- KEY POINTS -

1. **“L” shape** - which passes through the outside of the gonion.
2. **Dual traction** - Oblique up to the gonion, then vertical all the way to the tragus.
3. **Moderate tension** - to avoid the formation of any folds in front of the gonion or ear.
4. **Subcutaneous implantation** - on the entire path.



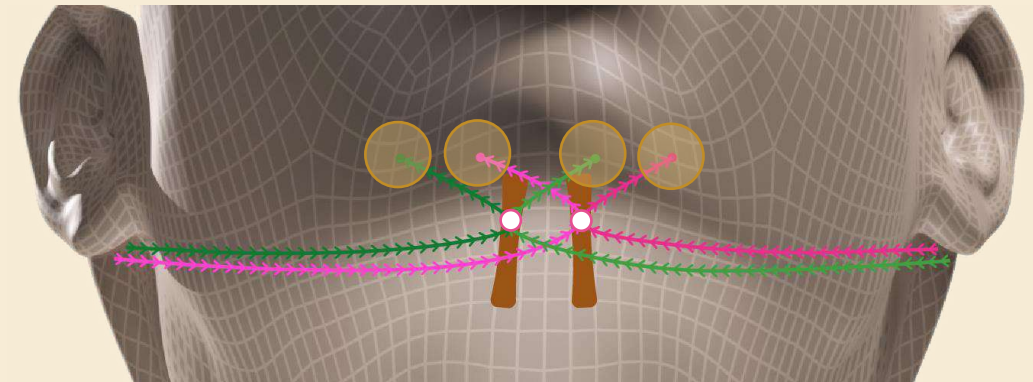
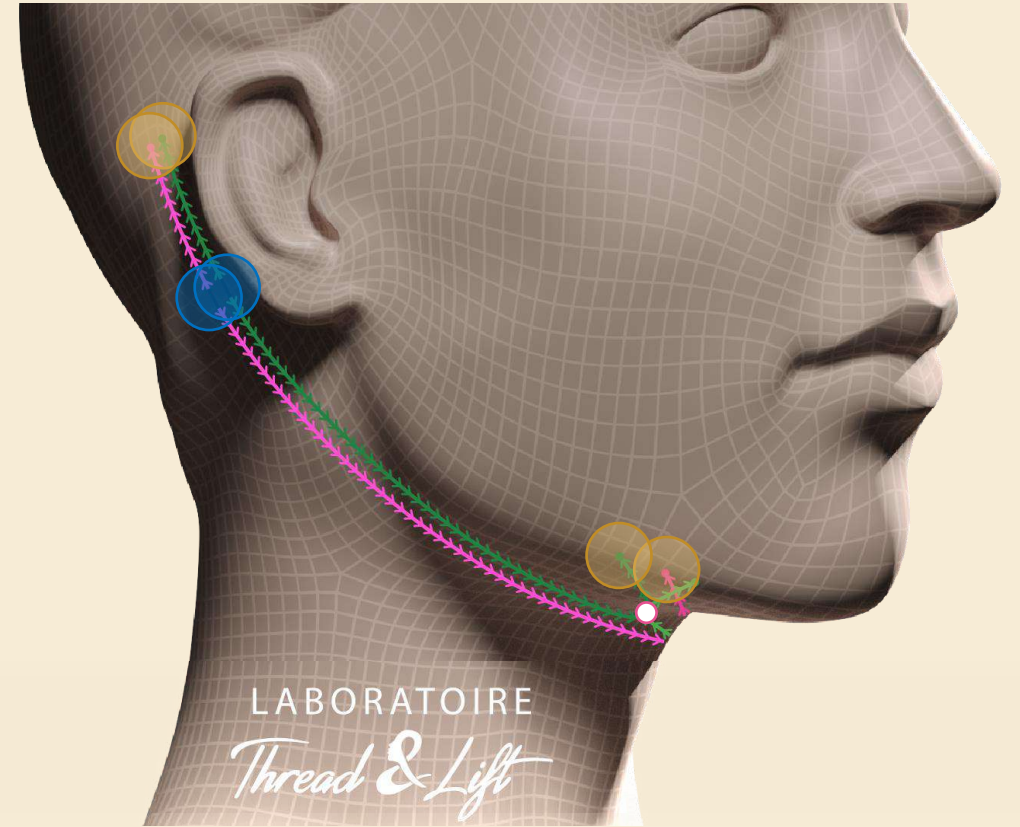


DIMINISH THE  
PLATYSMAL BANDS

The “double crossing” technique (XX)

- Thread **entry** point
- Thread **exit** point
- Thread **crossing** point

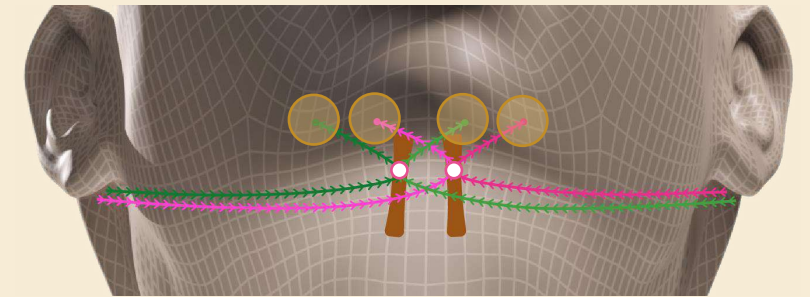
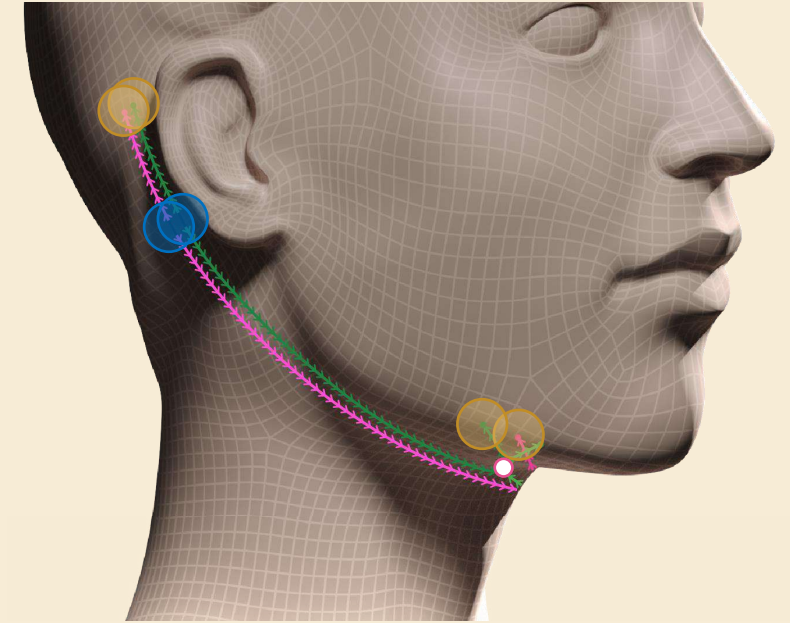
NB: When treating the neck, always start the intervention by performing a lipolysis or a light liposuction.



- KEY POINTS -

1. **Double crossing** - of the threads at the level of the platysmal bands (one crossing per platysmal band).
2. **Pushing backward the platysmal bands** - rather than fighting against the platysma muscle laterally like in surgery.
3. **Slight tension** - is sufficient to tighten the platysmal bands.
4. **Deep implantation** - into the platysma beyond the jugular vein.

The “double crossing” technique (XX)



- Thread **entry** point
- Thread **exit** point
- Thread **crossing** point

# *Thread & Lift*

The 1st real facelift with suspension threads

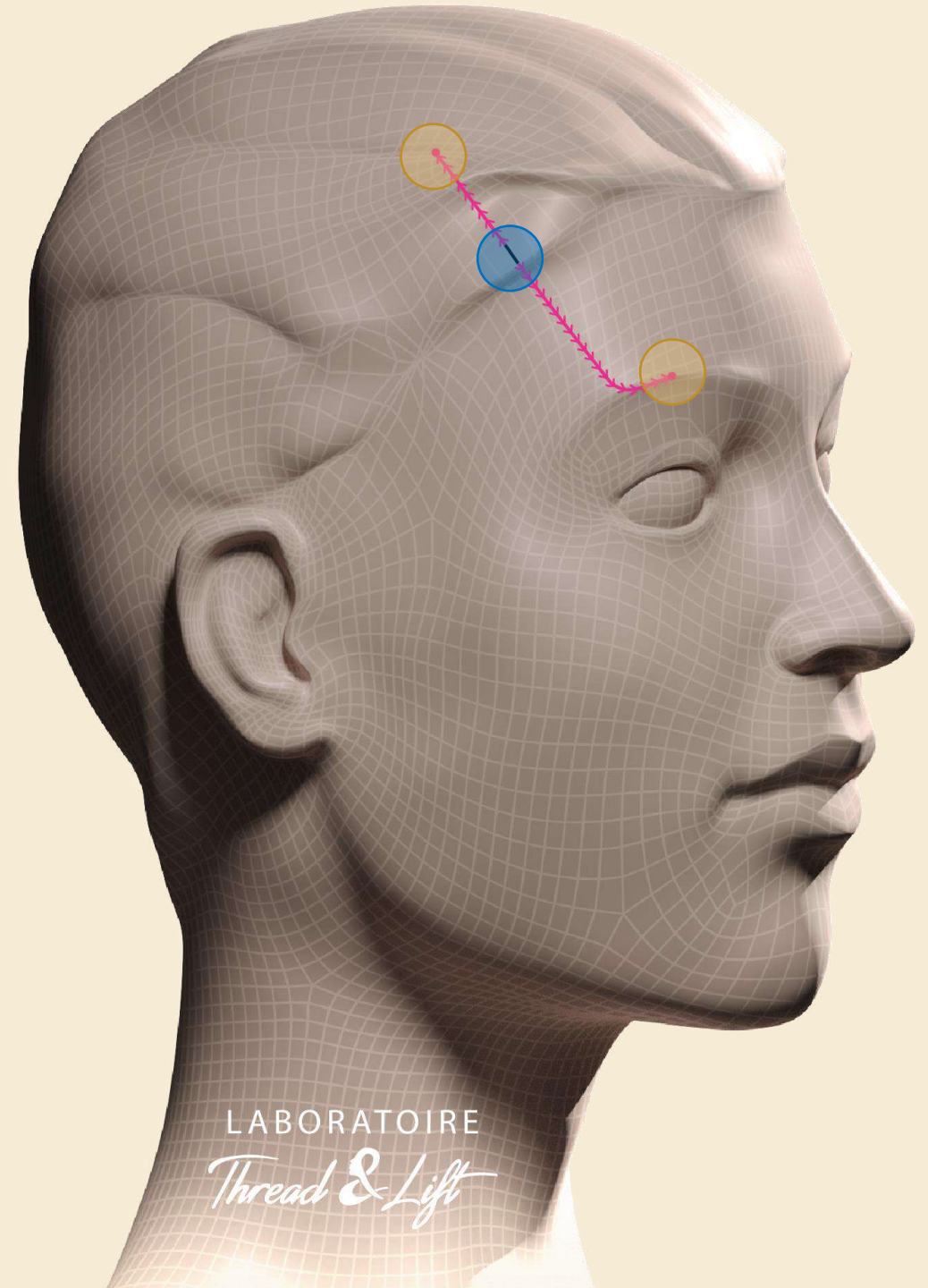
**FOCUS ON THE TECHNIQUES  
- AREA: EYEBROW -**

## EYEBROW LIFT

### The “J” shape technique

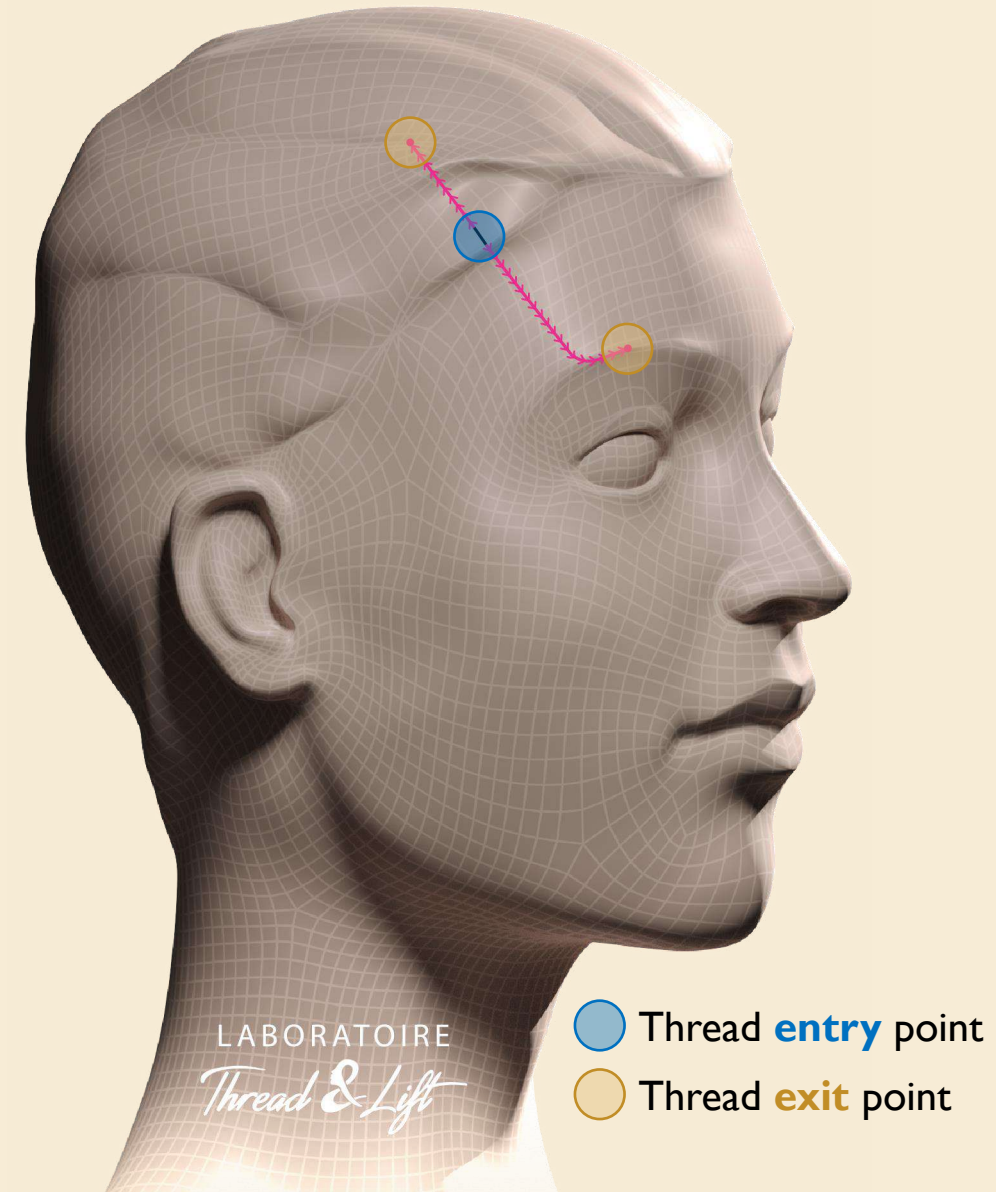
● Thread **entry** point

● Thread **exit** point



- KEY POINTS -

1. **J-tail shape** - at the level of the Charpy fat pad.
2. **The temporal ridge** - is the path of reference to ensure minimal thread visibility.
3. **Eyebrow symmetry** - through the appropriate drawing is a key success factor.
4. **The middle of the Charpy fat pad** - is the required depth for best result.



# *Thread & Lift*

The 1st real facelift with suspension threads

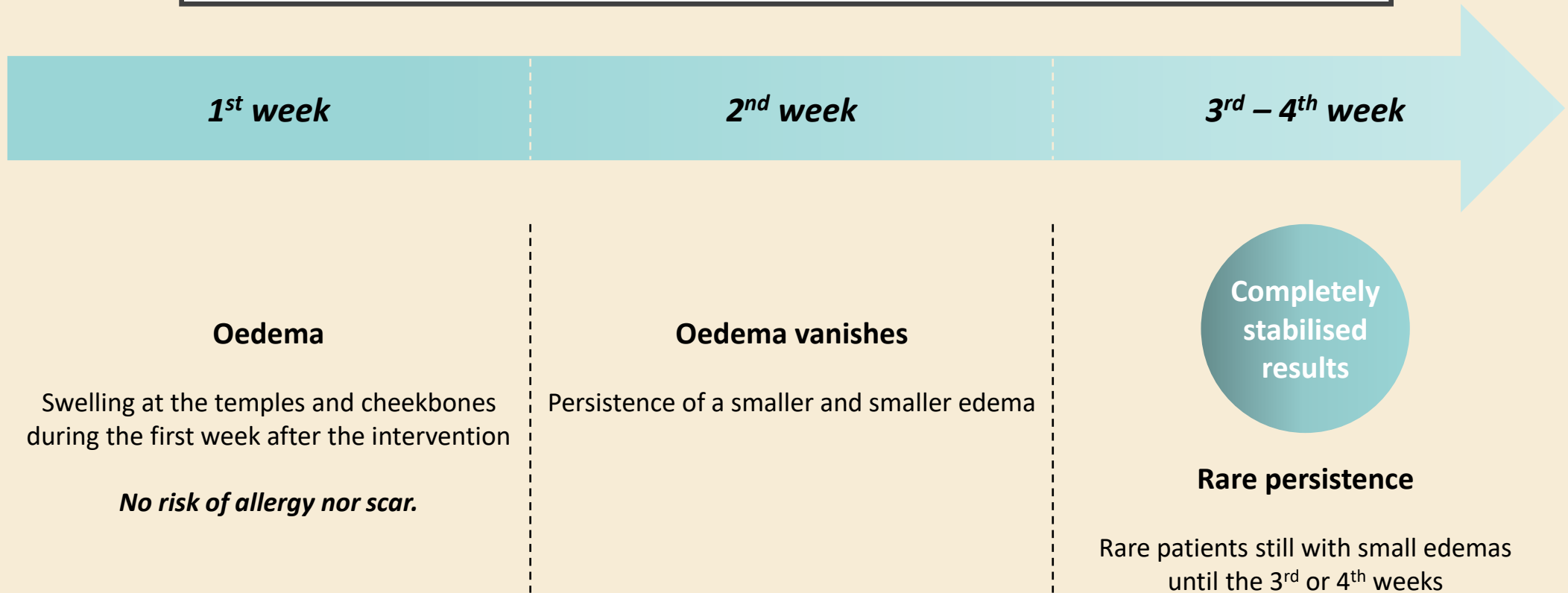
**THE USUAL POSTOPERATIVE  
EFFECTS**

**NO OMEGA 3 OR ASPIRIN\* 10 DAYS  
BEFORE THE OPERATION!**

**Patients taking Aspirin or Omega 3 in the 10 days before the operation are at risk of severe bleeding!**

It is necessary to check that the patient is not taking food supplements that may contain Omega 3, even without knowing it.

# OEDEMAS & SHORT DOWNTIME



*VERY RARE : Hematoma or Ecchymosis (if blood thinners)*



HOW TO DEAL WITH THE EXTRA-  
RESULT OF THE OEDEMA

**Patient can go from a very positive feeling to a major disappointment!**

Excess of malar volume due to the oedema and the anaesthesia  
providing 10% to 20% more result for 1 week

## SITUATIONS WHERE THE OEDEMA MAY PERSIST LONGER THAN EXPECTED

### 1 Slower resorption around the thread

**A bulge (5 to 8 mm in diameter) visible on the path of the thread, not visible immediately post-operatively, but appearing during the first weeks.**

- The bulge only reflects the presence of an edema around the thread.
- This bulge will disappear spontaneously. In an inflamed body, it can take up to 2 months to disappear completely.

➔ DO NOT INTERVENE

### 2 Repeated massages by the patient

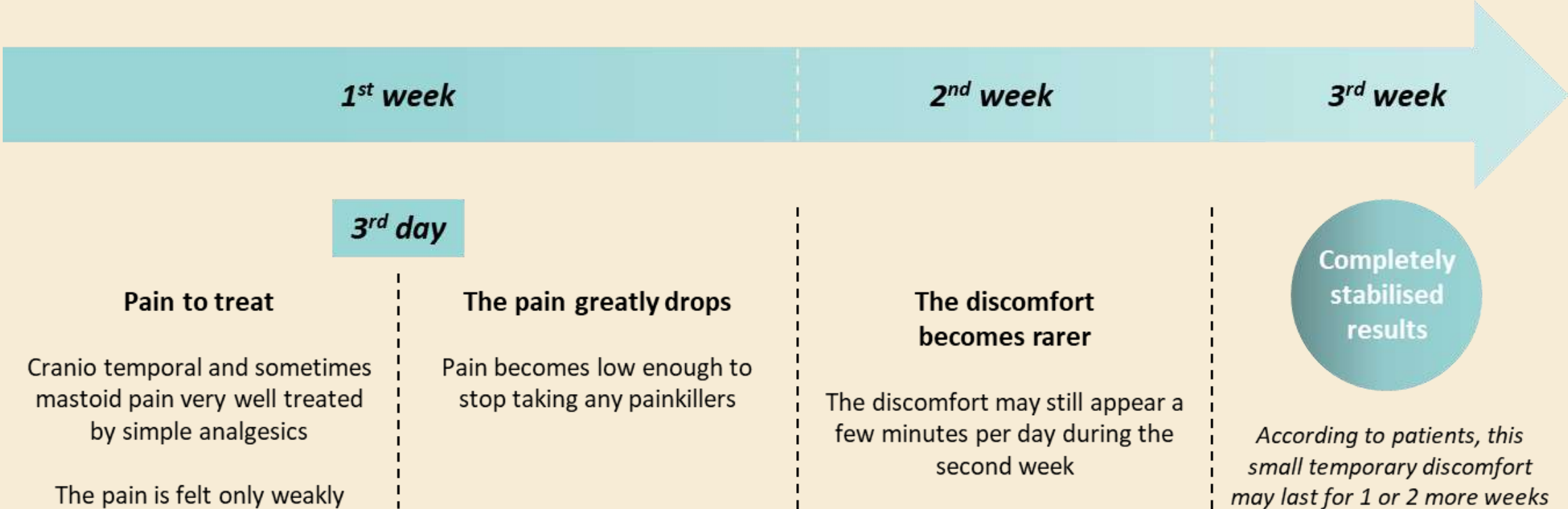
**The patient, thinking that (s)he is doing a drainage, maintains the inflammation by continuously mobilizing the tissues in front of the thread.**

- This oedema resorbs spontaneously in 2 weeks to 2 months after stopping the massages.
- Unless there is a medical contraindication (insulin-dependent diabetes, etc.), it can be worth prescribing a permanent corticosteroid treatment: 1mg/kg per day for 6 days.

➔ STOP THE MESSAGES

# LOW PAIN

## *Resumption of activity*



## **MOVEMENT AT THE END OF THE THREADS**

As long as the oedema is not largely resorbed, the patient may feel and hear the tip of the threads slightly moving.



Persistent edema = Movement "back & forth" + Noise

**One must warn the patient!**

*Thread & Lift*

The 1st real facelift with suspension threads

**POST-OPERATIVE EFFECTS TO BE  
TREATED  
&  
COMMON MISTAKES**

## SUMMARY OF THE POSTOPERATIVE EFFECTS TO BE CORRECTED

### Immediate:

1. Face: Wrinkles, dimples or bulges
2. Face: Ropes
3. Neck: Reasonable wrinkles
4. Neck: Excessive wrinkles

### Short term: D+7 to D+30

1. Bulge due to edema
2. Mechanical inflammation
3. Face Infection
4. Neck Infection

### Long term: After D+30

1. Widespread pain under the scalp
2. Localized pain under the scalp
3. Extended infection

**REFER TO THE POSTOPERATIVE EFFECTS MANAGEMENT GUIDE**

COMMON MISTAKE 1  
**NOT TAKING ENOUGH CARE WITH THE  
ANESTHESIA PROTOCOL**

Our protocol was written by an anesthesiologist following the latest recommendations in use.

**Mistake 1:**

Underdosing the prescription of painkillers will cause unnecessary pain and slow down the recruitment by word-of-mouth.

**Mistake 2:**

Injecting too much volume will make it difficult to adjust tension and symmetry while hiding excess of tension from you.



**Keep the patient for 1 to 2 hours to allow the edema to diffuse and check the result. Correcting excess of tension can become difficult as soon as 24 hours after the intervention.**

**Mistake 3:**

Injecting a volume that is too small will make the procedure painful and force you to reinject a volume that is often too large (Error 2).

**COMMON MISTAKE 2**  
**THINK THAT THE DIMPLES WILL GO AWAY ON THEIR OWN**



Infinite-Thread® is made to maintain its result in the long run. Consequently:

- The patient must leave **WITHOUT** any defect.
- The defects (dimples, folds, imperfections) will **NEVER** leave by themselves.
- If the dimple does not let go under your direct contact massage, it may be necessary to massage 2 cm higher than the defect. (❌)



CLASSICAL MISTAKE 3  
**OVER-TIGHTEN AND LEAVE THE LINES**



Appearance of lines = OVER-TIGHTENING

**SOLUTION = Massage while the oedema still exists**

# *Thread & Lift*

The 1st real facelift with suspension threads

**FOCUS ON THE INFECTION**

## HOW TO HANDLE INFECTION

### ETIOLOGY

1. Staphylococcus (99%)

2. Bacteria more virulent -  
pseudomonas type(1%)

### EVOLUTION

Low noise evolution often  
from the 15th day

Evolution sometimes as soon  
48 hours

### TREATMENTS

Removal of  
the threads  
(urgence if 2.)

*Bacteriological analysis +  
Antibiogram of the pus*

*Antibiotics*

Threadlift  
after 2  
months

**INFECTION OF THE THREAD = REMOVE  
IT AS SOON AS POSSIBLE!**



**IN CASE OF INFECTION THE THREAD MUST ALWAYS BE  
REMOVED.**

**IT WILL ALWAYS BE REMOVABLE IF IT IS DONE QUICKLY  
(RECOMMENDED TIME FRAME: 15 DAYS)**

ANTIBIOTICS WITHOUT THREAD  
REMOVAL = DANGER !



1. The infection of an implant always requires its removal
2. A non treated infection will spread to the entire thread
3. The take of antibiotics without removal will hide the symptoms while letting the inflammation grow THEN the infection will resume
4. A LONG TIME INFECTION WILL LEAD TO HIGH FIBROSIS THAT COULD PREVENT THE CAPACITY OF THE THREAD TO BE REMOVED!



**METICULOUSLY INSPECT THE ENTRY  
AND EXIT POINTS**

**Extreme care must be taken to ensure that no hair is buried!**

**The presence of a hair half-in / half-out is responsible for 99% of infections.**

**OBVIOUSLY, THE ASEPTIA CONDITIONS  
ALSO ARE KEY**

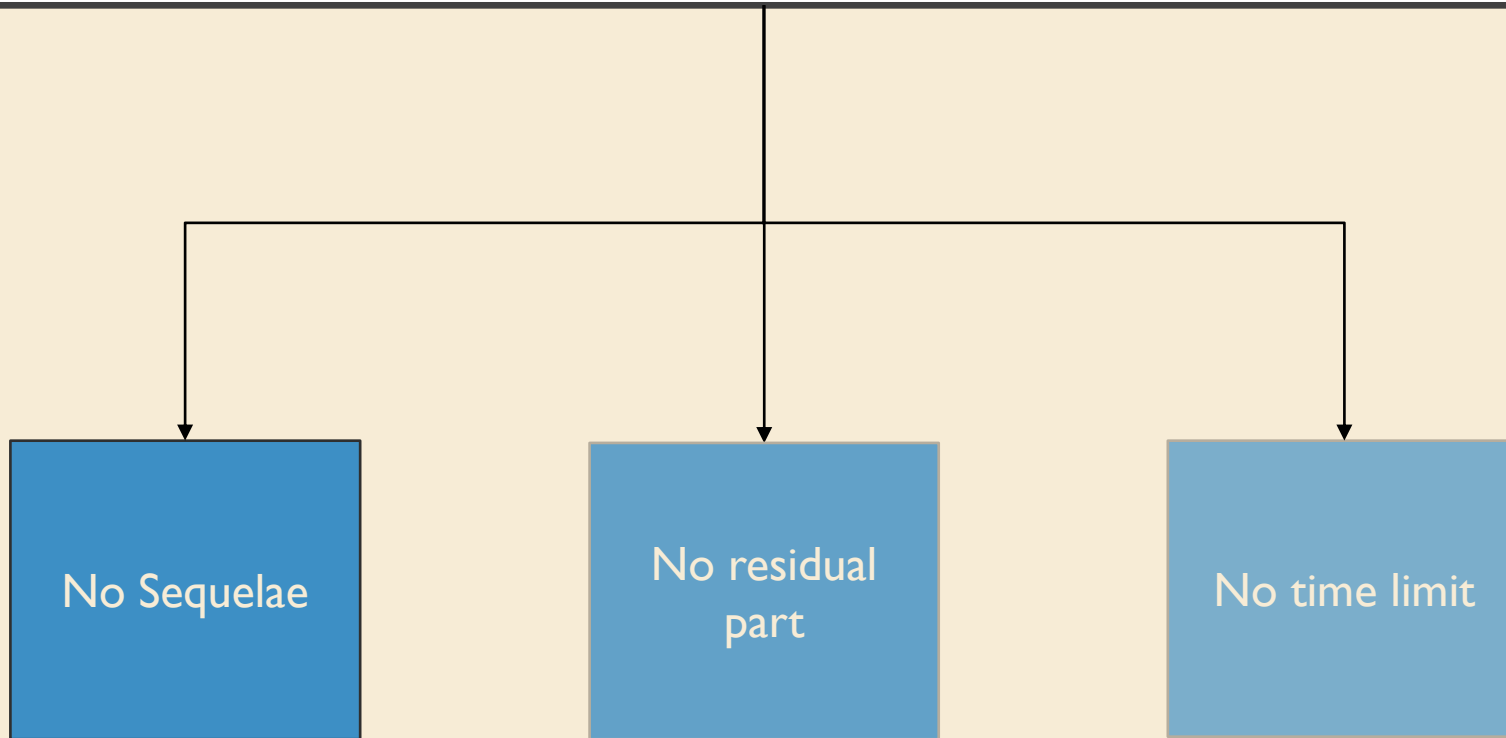


*Thread & Lift*

The 1st real facelift with suspension threads

**INFINITE-THREAD® :**  
**A REMOVABLE THREAD**

A REMOVABLE THREAD WITHOUT  
CONSEQUENCE FOR THE PATIENT





**Our thread can always be removed :**

✓ VIOLET COLOR

✓ OPERATIVE REPORT

✓ VISIBLE TO ULTRASOUND

**Ultrasound image of lower end of the cheek:**



**A 17 MHz ultrasound scanner has an accuracy of 0.2 mm at 8 mm depth, which ensures that the thread can always be found.**

**Guaranteed resistance to 25  
Newtons:**

During the manufacturing process,  
100% of Infinite-Thread® are tested to ensure a  
minimum resistance of 25N.

1 Newton = 0,1 Kg



**Very high  
resistance !**

✓ 45 PROTOTYPES

✓ HIGH TECH MOLD

✓ QUALITY MANAGEMENT  
100%

**Measurement of silicone slippage**



	Infinite-Thread©			Date
	Strength (N)	Strength (N) 1 year	Strength (N) 2 years	
Sample 1	20,60	29,26	28,60	10/05/2017
Sample 2	25,62	28,10	28,82	
Sample 3	16,00	29,92	28,48	
Sample 4	21,54	29,20	30,46	
Sample 5	23,36	26,68	28,78	
Sample 6	27,24	27,72	29,42	
Sample 7	24,28	29,12	24,74	
Sample 8	21,34	29,58	29,80	
Sample 9	29,08	13,74	27,50	
Sample 10	29,40	28,56	29,06	
Sample 11	25,34	30,12	29,68	
Sample 12	28,58	30,20	28,58	
Sample 13	21,42	28,74	29,74	
Sample 14	23,50	30,08	27,50	
Sample 15	16,48	27,82	27,16	
Sample 16	26,02	29,30	29,40	
Sample 17	28,28	25,98	22,70	
Sample 18	21,16	28,46	28,80	
Sample 19	26,30	29,54	29,20	
Sample 20	14,90	21,52	27,22	
Number of samples	20	20	20	
Avg result (N)	<b>23,52</b>	<b>27,68</b>	<b>28,28</b>	

**No residual silicone !**

✓ 45 PROTOTYPES

✓ HIGH TECH MOLD

✓ QUALITY MANAGEMENT  
100%

1 Newton = 0,1 Kg

REMOVAL MANAGEMENT

Do I have to remove a thread?  
**POSTOPERATIVE EFFECTS  
MANAGEMENT GUIDE**

How to remove a thread?  
**REMOVAL PROTOCOL**

CONTACT US TO ENSURE A SUCCESSFUL  
FIRST REMOVAL

- A first removal is always a challenge
- Insufficient tumescence over just 10% of the thread can prevent its removal
- The removal protocol differs according to the areas
- Without experience, an error in the protocol can lead to a broken thread

**Dr. Jean-Paul Founteze has removed lots of threads since he started. Take advantage of his experience!**

# *Thread & Lift*

The 1st real facelift with suspension threads

## **HOW TO CHOOSE YOUR PATIENT : INDICATIONS & CONTRAINDICATIONS**



A VERY WIDE SPECTRUM OF  
INDICATIONS



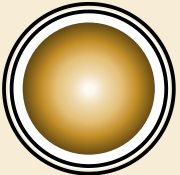
**Women / Men**



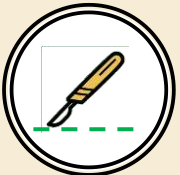
**Prevention / Light ptosis / Heavier ptosis**



**Smokers / Non-smokers**



**Every phototypes**



**Before / After / In association with a surgical facelift**



## THE BENEFITS OF +50YO PATIENTS

**Less demanding  
patient**



**Smooth learning  
curve**



# TIPS

Lay back the patient



**Is this the desired result ?**

**YES**

**GOOD INDICATION**

**NO**

**BAD INDICATION**

## PHYSICAL CONTRAINDICATIONS



### Loss of elasticity

- Cutaneous resection > 1cm
- Surgical facelift



### Deep wrinkles

- Numerous deep wrinkles
- Deep chemical peeling / Laser resurfacing



### Important overweight

- Heavy tissues
- Diet

## MEDICAL CONTRAINDICATIONS

1

### Such as any implant :

- Infection
- Unstable diabetes
- Immunodeficiency
- Immunosuppressive treatment
- Clear skin patients with keloid tendency

2

### Haemostasis disorder:

- Anticoagulant
- Pathology

3

### Non-absorbable fillers:

- Methacrylate
- (Artecol – Dermalive)
- Cross-linked polyacrylamide (Bioalcamide – Aquamid)

As a precaution (only) we do not recommend laying threads on areas injected with liquid silicone

## PSYCHOLOGICAL CONTRAINdicATIONS

**WHO ?**

Psychologically unstable patient + Nasty patient

**WHY ?**

Never satisfied - Convalescence lengthened - Lost time - Attacks on the web

**HOW ?**

The secretary is a valuable ally - Change of attitude between consultation and intervention

*Thread & Lift*

The 1st real facelift with suspension threads

**PATIENT MANAGEMENT:  
THE BEST PRACTICES**

## **PATIENT FOLLOW UP: THE BEST PRACTICE**

1

Always call the evening or the day after to take care

2

Review at 3 or 4 days the patients living far away

3

See after 1 week and 2 weeks the close patients

**THE PATIENT VALUES IT AS MUCH AS THE QUALITY OF THE RESULT**

**TRICK : OFFER THE THREADS TO  
YOUR STAFF**

- ✓ Reassure the patient about the doctor's statements
- ✓ Allow to identify herself
- ✓ The patient asks other questions to the assistant
- ✓ The patient often wants to touch the cheeks
- ✓ Staff can show pictures
- ✓ Staff can open discussions in the waiting room



## WHAT PRICE AND HOW TO COMMUNICATE ?



**PRICE  $\neq$  COST OF THE THREAD + YOUR MARGIN**



**PRICE = VALORIZATION OF THE RENDERED SERVICE**

- ✓ Effectiveness and natural
- ✓ No scar / Short downtime / Discreet / ...
- ✓ Long lasting

*Thread & Lift*

The 1st real facelift with suspension threads

**WHAT'S IN THE BOX**

**4X2 KIT INFINITE-THREAD®**  
1 FREE AFTER THE TRAINING COURSE



- **4 packs of 2 Infinite-Thread®**

- **1 Softfil 22G 90mm cannula**
- **1 Softfil 22G 50mm cannula**
- **1 Microlance 3 - 21G**
- **1 Nokor needle**



## MINI-KIT INFINITE-THREAD®



- 1 pack of 2 Infinite-Thread®



- 1 Softfil 22G 90mm cannula
- 1 Softfil 22G 50mm cannula
- 1 Microlance 3 - 21G
- 1 Nokor needle



This Mini-Kit is meant to be use for:

1. Neck treatment (2 Mini-Kits needed)
2. Brow lift
3. Improvement of a past thread lift

## INSTRUMENTS KIT

1 FREE AFTER THE TRAINING COURSE



- 1 needle holder Mayo-Hegar
- 1 iridectomy scissors
- 1 plier Adson

- 4 blunt and curved needles of 19 cm
- 1 blunt and straight needle of 19 cm



**PUNCH TOOL**  
I FREE AFTER THE TRAINING COURSE



Punch tool that can replace the Nokor needle  
According to your preference.

*It can be ordered separately.*

## NEEDLE-HOLDER HANDLE



Handle that can replace the Mayo-Hegar Needle-holder  
According to your preference.

*It can be ordered separately.*

**MEDICAL HOOK**  
I FREE AFTER THE TRAINING COURSE



Medical Hook used for the safe and effective removal  
of Infinite-Thread®.

*It can be ordered separately.*



*Thread & Lift*

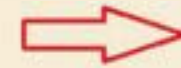
The 1st real facelift with suspension threads

## **CONCLUSION**

WE WANT TO BE MORE THAN A SIMPLE  
LABORATORY FOR YOU

*Thread & Lift*

A WEBSITE MADE FOR YOU



Customer access

My Cart



*Thread & Lift*

The 1st real facelift with threads

HOME

OUR SOLUTION

WHY A THREADLIFT

OUR STORY

CONTACT

[www.threadandlift.com](http://www.threadandlift.com)

## WE STAY AT YOUR SERVICE

- Any problems that may happen to you have already happened to us
- We never judge: if there is a problem, it is because our training was insufficient
- At the slightest difficulty: CALL US. We are here to help you!
- Our door is always open
- Our laboratory comes from the passion of a practitioner first

THANK YOU !

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